



***Homemade Elderflower Prosecco €7.50***

***Light***

*Fresh Garden Soup w/Fresh Crusty  
Sourdough Bread  
€6.95 (1,2,4,6,10)*

*Homemade Breads Served with Parsley  
Pesto, Beetroot Hummus, Sun-dried Tomato  
Pesto €7.25 (1,2,6,10)*

*Courgette Flower, Goats Cheese Mousse,  
Green Beans, Beetroot & Basil Oil €8 (1,5)*

***Medium***

*Selection Of Cured Meats, Mozzarella,  
Kalamata Olives, Pickled Cucumbers &  
Garden Pesto with Sourdough Bread €12.00  
(5,2,7)*

*Goats Cheese Croute, Pickled Navet, Roasted  
Beetroot, Broccoli, Marinated Courgettes,  
Walnuts, Garden Leaves with a Citrus  
Vinaigrette  
€15 (2,3,6,10)*

***We sell many of our homemade pestos, dips,  
hummus, garden leaves and much more in  
our shop at the entrance to The Green Barn,  
as well as many interesting antiques and  
interiors accessories books & cards - please  
ask a member of staff.***

***Main***

*Local Organic Chicken Salad, Little Gem  
Lettuce, Anchovy Dressing, Croutons &  
Parmesan €16.00 (1,2,3,5)*

*Organic 8oz Beef Burger with Fresh Herbs,  
Beetroot Slaw, Caramelised Onion, Smoked  
Knockanore Cheddar Cheese with Twice  
Cooked Chips & Aioli  
€18 (1,3,5,10)*

*Fresh Garden Risotto Of Summer Squash,  
Spinach, Young Onion, Thyme & Parmesan  
€16.00 (2)*

*Fillet of Hake, Spinach, Summer Squash,  
Toasted Quinoa, Tomato & Coriander Salsa,  
Baby New Potatoes, Herb Butter €19  
(2,4,6,8,10)*

***Drinks***

*Lemonade, (Pink or Cloudy), Ginger Beer  
€3.95*

*San Pellegrino Blood Orange €2.50  
Coke / Diet Coke €2.50*

***Unlimited Filtered Sparkling Water/Still  
Water €1 pp***

***On occasion some of our vegetables may  
vary on plates depending on what is freshly  
picked from the Kitchen Garden that  
Morning.***

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\*Allergen Information: 1 : Wheat, (Gluten), 2 : Dairy, 3 : Mustard, 4 : Celery, 5 : Egg, 6 : Nuts  
7 : Crustaceans, 8 : Fish, 9 : Peanut, 10 : Sesame Seeds, 11 : Sulphur Dioxide, 13 : Lupin, 14 : Molluscs

Please be patient, we serve only the freshest possible seasonal produce that has almost always  
come straight from our organic kitchen garden or from local organic suppliers.